

**NOTICE AND AGENDA FOR MEETING  
OF THE NORTHERN ARIZONA PUBLIC EMPLOYEES BENEFIT TRUST**

Pursuant to A.R.S. § 38-431.02, notice is hereby given to board members and the general public that the Northern Arizona Public Employees Benefit Trust will hold a meeting open to the public on **Thursday, February 28, 2019, 9:00 a.m.**, at the Coconino County Human Resources Building, 3285 E. Sparrow Ave., Flagstaff, AZ 86004. As indicated in the following agenda, the Northern Arizona Public Employees Benefit Trust may vote to go into executive session, which will not be open to the public, to discuss certain matters.

**AGENDA**

			Page #
1. CALL TO ORDER	9:00 a.m.	M. Townsend	
2. APPROVAL OF AGENDA	9:00 a.m.	M. Townsend	2
3. APPROVAL OF MINUTES: January 24, 2019	9:05 a.m.	M. Townsend	4
4. EXECUTIVE SESSION			
The trustees may vote to discuss any item on the agenda in executive session for consultation for legal advice with the attorney for the Trust, pursuant to A.R.S. 38-431.03(A)(3) and (A)(4).			
A. Wellness Program Manager Evaluation (table to next meeting)	9:10 a.m.	M. Townsend	13
5. ACTION ITEMS			
B. Kairos Health Arizona Presentation	9:10 a.m.	J. Ashton	14
C. Discussion and Possible Board Action/Approval on Committee Updates			15
a. Clinic	9:40 a.m.	B. Kuhn	16
i. Committee Minutes: January 23, 2019			17
ii. Vera Update		J. Almond	20
b. Finance	10:00 a.m.	J. Van Ess	36
i. Committee Minutes: February 11, 2019			37
ii. Quarterly Financial Statement			38
iii. Date Payments Received			43
iv. Reserve Policy			44
c. Benefits	10:30 a.m.	S. Dille	46
i. Committee Minutes: February 12, 2019		J. Caputo	47
ii. Administrative Manual			
d. Wellness	11:10 a.m.	M. Townsend	50
i. Committee Minutes: February 8, 2019			
e. Risk Management	11:30 a.m.	D. Coughenour	51
i. Committee Minutes: None			
D. Discussion and Possible Board Action/Approval on Vendor Items			52
a. Segal	11:00 a.m.	A. Girardo	
i. Monthly Medical/Pharmacy Report			
ii. Trust Renewals of Health and Welfare Plans			
iii. 2019/2020 Self-funded Budget Projection and Contribution Rate Setting, Plan Design, and Reserves			53
iv. Summary of Changes Effective July 1, 2019			
v. Securian Life Report			57
vi. Dental RFP Recommendation			
vii. SHAPE Renewal			63
viii. Compliance and Industry Changes and Trends			67
E. Discussion and Possible Board Action/Approval on Other Item	11:55 a.m.	M. Townsend	100
a. Ashton Tiffany Evaluation and Contract (table to next meeting)		M. Townsend	101
b. Segal Evaluation and Contract (table to next meeting)	11:55 a.m.	M. Townsend	102

**NOTICE AND AGENDA FOR MEETING  
OF THE NORTHERN ARIZONA PUBLIC EMPLOYEES BENEFIT TRUST**

c. Additional Voluntary Benefits for Employees		M. Townsend	205
F. Discussion and Possible Board Action/Approval on Meeting Wrap Up Items			206
a. 2018/2019 Meeting Project Plan	12:00 p.m.	M. Esquibel	207
b. Review of Action Items and the Timeline	12:00 p.m.	G. Mahoney	222

6. CURRENT EVENT SUMMARIES/ANNOUNCEMENTS

Northern Arizona Public Employees Benefit Trust members may present a brief summary of current events, including communications received. No action will be taken.

7. Next Regular Meeting: March 28, 2019

8. ADJOURNMENT

The public is advised that the items on this agenda may be considered in any order and at any time during the meeting.

The public is invited to check the agenda, which may be posted up to 24 hours prior to the meeting. This information and a copy of agenda background materials presented to the Northern Arizona Public Employees Benefit Trust (with the exception of materials related to possible executive sessions) may also be obtained through Mike Townsend at 420 N. San Francisco St., Flagstaff, Arizona 86001, telephone (928) 679-7160.

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting Mike Townsend at (928) 679-7160. Requests should be made as early as possible to arrange for the accommodation.

I, Mike Townsend, certify that this notice of public meeting prepared pursuant to A.R.S. 38-431.02, was posted on the 27<sup>th</sup> day of February, 2019, at 9:00 a.m.