

**NOTICE AND AGENDA OF MEETING OF THE NAPEBT WELLNESS COMMITTEE  
OF THE NORTHERN ARIZONA PUBLIC EMPLOYEE BENEFIT TRUST**

Notice is hereby given to the general public that the NAPEBT WELLNESS COMMITTEE will hold a meeting open to the public on **Friday October 10th, 2014, 10:00am at City Hall 211 W. Aspen Ave, Council Conference Room**

**MEETING NOTES**

1. CALL TO ORDER 10:05AM

2. COMMITTEE MEMBERS PRESENT:

Katie Wittekind	Flagstaff Unified School District
Rosa Mendoza-Logan	Coconino Community College
Deborah Beals	FHA
Shannon Anderson	City of Flagstaff
Drew Baecker	City of Flagstaff

3. ADOPTION OF AGENDA

4. ACTION ITEMS

3 Year Plan

Committee reviewed the 3 year plan and gave updates on where they are with assigned projects.

Wellness Blue Print.

Committee reviewed the Wellness Blue Print and started making changes. It was discussed that they will further discuss changes at a conference call meeting. Katie will schedule with conference call meeting.

Page/Williams Health Fair

Katie will create flyer for Page and Williams Health Fair

Katie will follow up on William screening being in the AM

Rosa will follow up on Page Pilates instructor

Katie will follow up with Jeanie in Williams (20% law)

Rosa will collect info on gym in Page and costs

Points Challenge

Committee discussed getting 3 prizes for the 3 tiers for the points challenge.

Katie will make the points challenge flyer

Grand Canyon Railway tickets-Drew

Ice skating-Katie

Nordic Center-Deborah

Rope course- Katie

Gift Cards to Sports Exchange-Rosa

1 day pass to Snowbowl-Katie

Range time- Katie

Self defense-Drew

Bull Basin-Drew

Message-Deborah

Marketing:

It was discussed to set up presentations by Katie to leadership at each agency

5. ADJOURNMENT                      12:00PM

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