

**NOTICE AND AGENDA FOR MEETING
OF THE NORTHERN ARIZONA PUBLIC EMPLOYEES BENEFIT TRUST**

Pursuant to A.R.S. § 38-431.02, notice is hereby given to board members and the general public that the Northern Arizona Public Employees Benefit Trust will hold a meeting open to the public on **Wednesday, November 14, 2018, 9:00 a.m.**, at Thornagers, 2640 W. Kiltie Lane, Flagstaff, AZ 86005. As indicated in the following agenda, the Northern Arizona Public Employees Benefit Trust may vote to go into executive session, which will not be open to the public, to discuss certain matters.

AGENDA

Wednesday, November 14, 2018

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1. CALL TO ORDER	9:00 a.m.	M. Townsend	
2. APPROVAL OF AGENDA	9:00 a.m.	M. Townsend	2
3. APPROVAL OF MINUTES: October 18, 2018	9:05 a.m.	M. Townsend	X
4. ACTION ITEMS			
A. Discussion and Possible Board Action/Approval on Committee Updates			X
a. Clinic	9:10 a.m.	J. Almond	X
i. Vera Update and Recommendations on Staffing and Improving the Return on Investment			X
b. Finance	10:10 a.m.	J. Van Ess	X
i. Interim Financial Statements			X
c. Benefits	10:35 a.m.	S. Dille	X
d. Wellness	10:45 a.m.	M. Townsend	X
i. Quarterly Budget Review			
ii. Annual Budget			
iii. Possible Plan Changes/Incentives			
iv. Nutritionist Options			
e. Risk Management	11:35 a.m.	D. Coughenour	X
B. Discussion and Possible Board Action/Approval on Vendor Items			X
a. Segal	11:45 a.m.	A. Girardo	X
i. Monthly Medical/Pharmacy Report		N. Patani	X
ii. Market Update and Survey Data		N. Patani	X
iii. Compliance and Industry Update		A. Girardo	X
iv. Segal SHAPE Utilization Report		M. Bissett	X
v. ASRS Benefits Guides (Medicare and Non-Medicare)		A. Girardo	X
vi. Historical Claims Volatility		N. Patani	X
vii. Medical/Pharmacy Financial History and Trends		N. Patani	X
viii. Preliminary Medical Plan Budget Projection	1:45 p.m.	N. Patani	X
1. Medical Plan Design			
2. Health Initiatives			
3. Contribution Strategy			
4. Legal Advice on Retiree Health		M. Townsend	
5. Reserving Guidelines			
ix. Telehealth Options		A. Girardo	X
C. Discussion and Possible Board Action/Approval on Meeting Wrap Up Items		M. Esquibel	X
a. Review of Action Items and the Timeline	4:00 p.m.		

5. EXECUTIVE SESSION

The trustees may vote to discuss any item on the agenda in executive session for consultation for legal advice with the attorney for the Trust, pursuant to A.R.S. 38-431.03(A)(3) and (A)(4).

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6. **CURRENT EVENT SUMMARIES/ANNOUNCEMENTS**

Northern Arizona Public Employees Benefit Trust members may present a brief summary of current events, including communications received. No action will be taken.

7. **Next Regular Meeting: December 13, 2018**

8. **ADJOURNMENT**

The public is advised that the items on this agenda may be considered in any order and at any time during the meeting.

The public is invited to check the agenda, which may be posted up to 24 hours prior to the meeting. This information and a copy of agenda background materials presented to the Northern Arizona Public Employees Benefit Trust (with the exception of materials related to possible executive sessions) may also be obtained through Mike Townsend at 420 N. San Francisco St., Flagstaff, Arizona 86001, telephone (928) 679-7160.

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting Mike Townsend at (928) 679-7160. Requests should be made as early as possible to arrange for the accommodation.

I, Mike Townsend, certify that this notice of public meeting prepared pursuant to A.R.S. 38-431.02, was posted on the 13th day of November, 2018, at 9:00 a.m.