

**NOTICE AND AGENDA OF MEETING OF THE NAPEBT WELLNESS COMMITTEE OF THE
NORTHERN ARIZONA PUBLIC EMPLOYEE BENEFIT TRUST**

Notice is hereby given to the general public that the NAPEBT WELLNESS COMMITTEE will hold a meeting open to the public on **Thursday August 23, 2019, 10am-12:00pm Aquaplex Conference Room 1702 N Fourth St.**

Call In Option: 1-515-604-9788 PIN: 723-505

Link to supporting materials on SLACK

AGENDA

1. CALL TO ORDER

2. COMMITTEE MEMBERS AND ALTERNATES:

Katie Wittekind	NAPEBT	Emily Morton	CCRSD
Amber Baker	NAPEBT	Jen Caputo	City
Jen Moore	FUSD	Jessica Foos	City
Meg Miller	County	Lynn Hill	NAIPTA
Maggie Arellano	County	Rhonda Cashman	NAIPTA
Rebekah Meyer	County	Allison Duff	Vera
Mike Townsend	County	Julie Almond	Vera
Rosa Mendoza-Logan	CCC	Shawna Bowen	Vera
Kim Shaw	CCC		
Helena Babiski	CCC		
Jeanie Confer	CCRSD		

3. AGENDA ITEMS

- i. Note Taker: Jen Caputo & Sept: Meg
- ii. Note Taker Sign Ups

A. Classes

- a. Financial
- b. Parenting*
- c. Stop Stress

B. Agency Highlight

C. Microsoft Teams

D. Vera

- a. Challenge Review
- b. Engagement & Flu Shots

E. Annual Review to Board

F. Poker Run*

- a. Date and Location

G. New Contracted Vendors

- a. 1 on 1 Nutrition
- b. Admin Services
- c. Marketing

H. Spouse Incentive Study Sub Committee

I. Sleep Challenge

J. Health Fair

- a. Donations
- b. Volunteers

K. Review Program Plan

L. July Action Items

M. August Action Items

- a.

**(Decision Needed)*