

**NOTICE AND AGENDA FOR MEETING
OF THE NORTHERN ARIZONA PUBLIC EMPLOYEES BENEFIT TRUST**

Pursuant to A.R.S. § 38-431.02, notice is hereby given to board members and the general public that the Northern Arizona Public Employees Benefit Trust will hold a meeting open to the public on **Thursday, October 18, 2018, 9:00 a.m.**, at the Coconino County Human Resources Building, 420 N. San Francisco Street, Flagstaff, AZ 86001. As indicated in the following agenda, the Northern Arizona Public Employees Benefit Trust may vote to go into executive session, which will not be open to the public, to discuss certain matters.

AGENDA

			Page #
1. CALL TO ORDER	9:00 a.m.	M. Townsend	
2. APPROVAL OF AGENDA	9:00 a.m.	M. Townsend	2
3. APPROVAL OF MINUTES: September 20, 2018	9:05 a.m.	M. Townsend	4
4. ACTION ITEMS			
A. Discussion and Possible Board Action/Approval on Committee Updates			14
a. Clinic	9:10 a.m.	B. Kuhn	15
i. Vera Update		J. Almond	16
ii. Breathalyzer Testing			
iii. Review of the Annual Stakeholder Satisfaction Survey			
b. Finance	10:10 a.m.	J. Van Ess	37
c. Benefits	10:25 a.m.	S. Dille	38
i. Medical Plan Design Options			
d. Wellness	10:40 a.m.	M. Townsend	39
i. Annual Review, Including SHAPE			
e. Risk Management	11:30 a.m.	D. Coughenour	40
B. Discussion and Possible Board Action/Approval on Vendor Items			41
a. Segal	11:45 a.m.	A. Girardo	42
i. Monthly Medical/Pharmacy Report		N. Patani	43
ii. Incurred But Not Reported (IBNR) Certification		A. Girardo	54
iii. Preliminary Medical Plan Budget Projection Plan Design and Contribution Discussion		A. Girardo	
1. Unblended Active and Retiree Rates			
2. Loss Ratio			
3. Historical Claims Volatility			
4. Reserve Policy			
b. Blue Cross Blue Shield	1:00 p.m.	A. Girardo	59
i. Benchmark Utilization Report			
ii. Telehealth Implementation			
iii. Nutritionist Options			
C. Discussion and Possible Board Action/Approval on Other Items			60
a. Determine What Items Need to be Brought to and Approved by the Board	2:00 p.m.	M. Townsend	
D. Discussion and Possible Board Action/Approval on Meeting Wrap-Up Items			61
a. 2018/2019 Meeting Project Plan	2:20 p.m.	A. Genaro	62
b. Review of Action Items and the Timeline	2:30 p.m.	M. Esquibel	77

5. EXECUTIVE SESSION

The trustees may vote to discuss any item on the agenda in executive session for consultation for legal advice with the attorney for the Trust, pursuant to A.R.S. 38-431.03(A)(3) and (A)(4).

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6. **CURRENT EVENT SUMMARIES/ANNOUNCEMENTS**

Northern Arizona Public Employees Benefit Trust members may present a brief summary of current events, including communications received. No action will be taken.

7. **Next Regular Meeting: November 14–15, 2018 (Board Retreat)**

8. **ADJOURNMENT**

The public is advised that the items on this agenda may be considered in any order and at any time during the meeting.

The public is invited to check the agenda, which may be posted up to 24 hours prior to the meeting. This information and a copy of agenda background materials presented to the Northern Arizona Public Employees Benefit Trust (with the exception of materials related to possible executive sessions) may also be obtained through Mike Townsend at 420 N. San Francisco St., Flagstaff, Arizona 86001, telephone (928) 679-7160.

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting Mike Townsend at (928) 679-7160. Requests should be made as early as possible to arrange for the accommodation.

I, Mike Townsend, certify that this notice of public meeting prepared pursuant to A.R.S. 38-431.02, was posted on the 17th day of October, 2018, at 9:00 a.m.