

**NOTICE AND AGENDA OF MEETING OF THE NAPEBT WELLNESS COMMITTEE OF THE NORTHERN  
ARIZONA PUBLIC EMPLOYEE BENEFIT TRUST**

Notice is hereby given to the general public that the NAPEBT WELLNESS COMMITTEE will hold a meeting open to the public on **Friday September 11th, 2015, 10:00am FUSD Administration Building, Business Office Conference Room**

**AGENDA**

1. CALL TO ORDER                      10:00AM
2. COMMITTEE MEMBERS  
Katie Wittekind                      NAPEBT  
Jen Moore                              Flagstaff Unified School District  
Rosa Mendoza-Logan                Coconino Community College  
Jeanie Confer                        CCRSD  
Drew Baecker                        City of Flagstaff  
Lynn Hill                                NAIPTA
3. AGENDA ITEMS
  - a. Health Fair
    - i. Schedule (kid's corner)
    - ii. Gym Use: check plugs to but Betsy in the middle by the fireplace
    - iii. Action Item: Katie will check on plugs for Betsy
    - iv. Donations: Jen got one form Bearizona.
    - v. Action Item: Drew will ask Xanterra.
  - b. Schedule Wellness Presentations (start Sep 22nd)
  - c. Sugar Challenge: Keep it 21 days, Jan 17<sup>th</sup>-Feb 6<sup>th</sup>
    - i. Action Item: Katie will schedule an info session Wednesday January 6<sup>th</sup> at Aquaplex in evening.
    - ii. Prize is a cookbook, ask participants to send in recipes and add section on substitutes.
  - d. Quarterly Wellness Connection
  - e. Budget Wish List
    - i. Committee agreed to spend \$175 for organizational membership for more access to webinars etc.
    - ii. Action Item: Research recording equipment to record lunch and learns. (CJ at City)
  - f. Updated 3 Year Plan-Tabled
  - g. Wellness Liaison Program Update-Tabled
  - h. Trustee Interviews-Tabled
  - i. Onsite Clinic (Conference call with Polly at Vera)
    - i. Open House
    - ii. Grand Opening
    - iii. Wellness Points/Clinic Integration
4. ADJOURNMENT                      12:00PM

The public is invited to check for the agenda, which may be posted up to 24 hours prior to the meeting. This information and a copy of the agenda background materials presented to the committee may also be obtained through Katie Wittekind at 3285 E. Sparrow Avenue Flagstaff, Az 86004, Telephone (928) 527-6189.

I, Katie Wittekind, certify that this notice of public meeting prepared pursuant to A.R.S. § 38-431.02, was posted on the **9th day of September 2015 at 10:00 am.**

Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting Katie Wittekind at (928) 527-6189.

