

**NOTICE AND AGENDA OF MEETING OF THE NAPEBT WELLNESS COMMITTEE OF THE NORTHERN
ARIZONA PUBLIC EMPLOYEE BENEFIT TRUST**

Notice is hereby given to the general public that the NAPEBT WELLNESS COMMITTEE will hold a meeting open to the public on **Friday September 11th, 2015, 10:00am FUSD Administration Building, Business Office Conference Room**

MEETING NOTES

1. CALL TO ORDER 10:00AM
2. COMMITTEE MEMBERS

Katie Wittekind	NAPEBT
Jen Moore	Flagstaff Unified School District
Rosa Mendoza-Logan	Coconino Community College
Jeanie Confer	CCRS
Drew Baecker	City of Flagstaff
Lynn Hill	NAIPTA
3. AGENDA ITEMS
 - a. Health Fair
 - i. Schedule (kid's corner)
 - ii. Gym Use: check plugs to but Betsy in the middle by the fireplace
 - iii. Action Item: Katie will check on plugs for Betsy
 - iv. Donations: Jen got one form Bearizona.
 - v. Action Item: Drew will ask Xanterra.
 - b. Schedule Wellness Presentations (start Sep 22nd)
 - c. Sugar Challenge: Keep it 21 days, Jan 17th-Feb 6th
 - i. Action Item: Katie will schedule an info session Wednesday January 6th at Aquaplex in evening.
 - ii. Prize is a cookbook, ask participants to send in recipes and add section on substitutes.
 - d. Quarterly Wellness Connection
 - e. Budget Wish List
 - i. Committee agreed to spend \$175 for organizational membership for more access to webinars etc.
 - ii. Action Item: Research recording equipment to record lunch and learns. (CJ at City)
 - f. Updated 3 Year Plan-Tabled
 - g. Wellness Liaison Program Update-Tabled
 - h. Trustee Interviews-Tabled
 - i. Onsite Clinic (Conference call with Polly at Vera)
 - i. Walk Through November 14th, Time TBD: small group of people who have been involved with the building of the clinic
 - ii. Open Houses: Week of November 16th, noon hour and evening open house, no appointments at those times. Schedule by agency & by building. Do a field trip style. Also offer two evenings for an open house.
 - iii. **Action Item:** Ask about getting leadership support and doing a fieldtrip.
 - iv. Grand Opening: invite only to include a ribbon cutting and executive leadership from each agency and media attention. Schedule during the work-day.
 - v. **Action Item:** Each agency come up with their invite list and what day will work. Tentatively Thursday December 3rd Morning?
 - vi. Wellness Points/Clinic Integration: Completing the Whole Health Exam qualifies for level two incentives.

4. ADJOURNMENT

12:00PM