

**NOTICE AND AGENDA OF MEETING OF THE NAPEBT WELLNESS COMMITTEE OF THE NORTHERN
ARIZONA PUBLIC EMPLOYEE BENEFIT TRUST**

Notice is hereby given to the general public that the NAPEBT WELLNESS COMMITTEE will hold a meeting open to the public on **Friday March 14th, 2014, 10:00am at Flagstaff City Hall, 211 W. Aspen Ave, Staff Conference Room.**

MEETING MINUTES

1. CALL TO ORDER 10:00AM

2. COMMITTEE MEMBERS PRESENT

Katie Wittekind	Flagstaff Unified School District
Jen Moore	Flagstaff Unified School District
Angi Napier	Coconino County
Rosa Mendoza-Logan	Coconino Community College
Jeanie Confer	CCRS
Shannon Anderson	City of Flagstaff
Debbie Gangloff	City of Flagstaff
Lisa Graham	NAIPTA

3. ADOPTION OF AGENDA

- a. Approval of Feb 21st meeting minutes as presented by Katie

4. ACTION ITEMS

Discuss update to plan year 14/15

The committee went over the new options and format/wording of the Wellness Incentive Program

Shannon discussed that the city wants another option for deferred comp

The employees who meet tier three will get their money in one lump sum and the money essentially comes from the trust for the payouts

The committee voted to add deferred comp

Can the committee make a recommendation at the next Trust meeting about option to have the opportunity to payout employees in one lump sum for the \$120 wellness incentive instead of gradually on paychecks?

Is coding for payroll going to be possible or too difficult?

Do not provide a date for the payout to the employees, but that the money will be paid after July 1st by their employer.

Katie went over the new point values associated

There will be calendar style trackers for physical activity turned on, and **Katie will follow up with Blue Cross**

Katie will get the testing site available to the committee before the launch date

The online 15 min videos are not automatically counting as points as they should be, Katie sent out an email with explanation to manually put in their point.

The committee discussed known issues with the Blue Cross point-tracking site

Rosa mentioned we might want to make it more aware on the sheet about the max amount of opportunities someone can get points for the HealthyLiving Program worth 5 points.

Discuss Wellness Week/ Walking Challenge

Katie explained the overall goals of the wellness week and the basics of the walking challenge and the packets created for the walking challenge

Pedometer checkout information

We discussed the difficulty of incentivizing employees with gifts/rewards, but that it should work because it is related to employee wellness and part of their benefits package

Catered lunch as the reward for the winners of the Walking Challenge

Alpine Pedaler: “Work on Wheels” as a reward for the wellness week raffle. The committee raised concerns about workers comp and the access and time for employees to have time for the Alpine Pedaler. Who wins?

Angi says to map out the route and do it not on work time and offer it for the top 10 winners from the wellness week or the top 5 with 5 guests

4th Street Location for the info session during the wellness week on Weds 4-6 the 23rd; Friday 11:30-1:30 @ Lone Tree

Discuss Awards Banquet

Friday, April 25th @ Jake’s on the Green

Inspirational talk/keynote speaker about health and wellness recognize the committee members with the AHA Gold Certificate

The lowest priced quote for a banquet with dinner option was Jake’s on the Green

If the success stories are low, other wellness committee members/ board members will be invited

Present certificates of recognition to success story winners

Discuss end of the year survey

Katie sent out last year’s survey to the committee and asked for additions for this year’s survey as an action item.

5. ADJOURNMENT 11:35