

**NOTICE AND AGENDA OF MEETING OF THE NAPEBT WELLNESS COMMITTEE OF THE
NORTHERN ARIZONA PUBLIC EMPLOYEE BENEFIT TRUST**

Notice is hereby given to the general public that the NAPEBT WELLNESS COMMITTEE will hold a meeting open to the public on **Thursday June 12th, 2014, 10:00am at FUSD Administration, 3285 E. Sparrow Ave. Flagstaff, AZ 86004, Board Room**

MEETING MINUTES

1. CALL TO ORDER **10:15AM**
2. COMMITTEE MEMBERS

Katie Wittekind	Flagstaff Unified School District
Jen Moore	Flagstaff Unified School District
Tasha Wilson	Coconino County
Jeanie Confer	CCRSD
Debbie Gangloff	City of Flagstaff
Lynn Hill	NAIPTA
Drew Baecker	City of Flagstaff

3. ADOPTION OF AGENDA

- a. Approval of March 14th meeting minutes as presented by Katie

4. ACTION ITEMS

Discuss Point Tracking System

Katie gave a history of the Wellness Incentive Program and problems logging into the website. A paper tracking form was offered to those who couldn't log in on May 30th. The committee decided to not advertise the paper tracking form for next year, but to have it available for those without computer access or who can't access the internet for religious reasons.

Discuss Request For Quotes

Katie explained the RFQ packet. No changes from the committee were requested. Katie will send out packets with a return due date of July 9.

Discuss WIP Programing for 14/15

Each agency was asked to compare the schedule of dates and classes to their calendars and give changes to Katie. Classes for Stress Relief will be added depending on dates and room availability. Each agency needs to find two facilitators for the new Healthy Living classes. NAPEBT will pay to train the facilitators. Yoga will be offered as a six week program like Fitness and Nutrition. Katie will look into changing Zumba to a six week program as well. With changes to classes, the budget was revised to \$30,000. Katie presented the new WIP info packet. She will remove the paper tracking option language and make other changes suggested by the committee. Katie will email the

committee the Physician Biometric Screening form for employees/retirees to use if they go to their own doctor for a screening.

5. ADJOURNMENT **11:35AM**